

TOBACCO-FREE HOME POLICY

I. PURPOSE

This family household is committed to promoting the health, well-being and safety of family members. This family household is committed to promoting the health, well-being and safety of the entire surrounding community as well as providing safe and healthy environments. Tobacco use is the leading cause of preventable disease and death, causing almost half a million (one in five) deaths per year in the United States alone. Tobacco use, including smoking, and exposure to second-hand smoke have been found to cause heart disease, cancer, asthma, bronchitis, and other respiratory problems. No tobacco product is harmless. The use of high-tech smoking devices, commonly referred to as vaping products, electronic smoking devices or e-cigarettes, also present significant health risks. E-cigarettes produce an aerosol that contains at least ten chemicals known to cause cancer, birth defects, or other reproductive harm. Additionally, the use of e-cigarettes in locations where smoking is prohibited creates concern and confusion and makes policy enforcement difficult.

This family household believes that the use of any tobacco product, including e-cigarettes, is detrimental to the health and safety of congregation members, staff, clergy, visitors and other members of the community.

This family household aims to promote a holistic view of health by supporting tobacco-free environments.

This family household seeks to support congregation members, staff, and visitors with their cessation efforts in becoming free from tobacco use and nicotine dependency.

II. DEFINITIONS

“All times” means 24 hours a day, seven days a week.

“Electronic smoking device” means any device that may be used to deliver any aerosolized or vaporized substance to the person inhaling from the device, including, but not limited to, an e-cigarette, e-cigar, e-pipe, vape pen, or e-hookah or under any other product name or descriptor.

“Family Household” means two or more individuals who are related by birth, marriage, or adoption, although they also may include other unrelated people.

“Smoking” or *“Smoke”* means inhaling, exhaling, burning, or carrying any lighted or heated cigar, cigarette, or pipe, or any other lighted or heated product, whether natural or synthetic, containing, made, or derived from nicotine, tobacco, marijuana, or other plant, that is intended for inhalation. Smoking also includes carrying or using an activated electronic smoking device.

“Tobacco product” means any product that is made from or derived from tobacco, or that contains nicotine, that is intended for human consumption or is likely to be consumed, whether smoked, heated, chewed, absorbed, dissolved, inhaled or ingested by any other means, including, but not limited to, a cigarette, a cigar, pipe tobacco, chewing tobacco, snuff, or snus. *“Tobacco product”* also means electronic smoking devices and any component or accessory used in the consumption of a tobacco product, such as filters, rolling papers, pipes, and substances used in electronic smoking devices, whether or not they contain nicotine. *“Tobacco product”* does not include drugs, devices, or combination products authorized for sale by the U.S. Food and Drug Administration, as those terms are defined in the Federal Food, Drug and Cosmetic Act.

“Tobacco use” means the act of smoking, the use of smokeless tobacco, or the use of any other tobacco product in any form.

III. POLICY

1. Smoking and tobacco use is not allowed at all times anywhere in this house. No ashtrays or smoking shelters will be provided in this house.
2. No tobacco products shall be advertised, sold, or provided anywhere in this house.
3. Littering this house with remains of tobacco products or any other disposable product will not be tolerated.
4. Visitors will be required to abide by this tobacco-free policy. Family members are responsible for communicating the policy to visitors and for enforcing this policy.

IV. APPLICABILITY

This policy applies to all persons and family members in this household.

Family members in this household will not accept any funding or any in-kind contribution from tobacco or electronic smoking device companies for any reason, including, but not limited to, sponsorships, scholarship funds, or building renovations. Such funding is counter to the family household holistic view on health.

V. EXCEPTIONS

It is not a violation of this policy to smoke or use tobacco in a personal vehicle provided that:

- a. The windows are closed; and
- b. Any tobacco waste products are disposed of within the vehicle.

VI. DATES APPROVED OR AMENDED

VII. EFFECTIVE DATE

This policy shall take effect in full on _____.